Director Development

Build your Boardroom Confidence and Presence

Course Details

Price

£225.00

Start date

25 September 2026

Length

Half Day (09:30-13:00)

CPD Points

3.50

Course Overview

Build your Boardroom Confidence and Presence is a practical course designed to help professionals communicate with confidence, credibility and impact in board and executive settings. Confidence comes from preparation not just what you know.

Delegates will learn how to understand boardroom environments and etiquette, refine their presence and learn to navigate challenges such as impostor syndrome and team conflict.

The course will empower leaders to arrive at a board meeting prepared and will provide confidence to be heard and speak with authority.

Please note that this course will be delivered online by the tutor.

Content

- Understanding the role of the board and its directors and how it makes decisions

- The importance of preparing for board meetings to enhance readiness and impact
- Overcoming Impostor Syndrome
- Using Emotional Intelligence: the application of emotional intelligence at board meetings
- Turning conflict into constructive dialogue and results
- Communication : how to be heard and how to listen - presenting ideas with impact and making your presence count
- Digital boardrooms: adapting presence for virtual meetings

Benefits

This course will help delegates to overcome self-doubt, navigate conflict constructively and adapt their style using emotional intelligence. It will provide the foundational tools to help them influence decisions, foster collaboration and drive meaningful outcomes.

Prerequisites

Next Steps

If you would like to book a place on this course please click on the **'Book Course'** button to the right of this page and login or register for a user account to complete your booking(s). Any queries please do not hesitate to contact us via admin@gta.gg or call us on 01481 224570.

If no date is scheduled for this course at the present time please click on the **'Register Interest'** button and login or register for a user account so that we can add you to our course interest register. This register allows us to contact our tutors and finalise dates for a course as soon as we have a few people who have expressed their interest, so the more delegates who register their interest, the sooner we can schedule a particular course.

Course Tutor

David Joel

David Joel is a professionally qualified, Chartered Director. He is a qualified physicist with 20 years in the defence engineering and technology sectors and 10 years in the services and facilities management sector mostly at board level. David's experience covers public sector, private sector and regulated companies. He has undertaken many board effectiveness reviews and has worked with the Institute of Directors delivering the 'Finance for non-Financial Directors' programme and the 'Leadership' programme for the certificate in company direction and was a lead facilitator for the Diploma in Company Direction for the Institute of Directors.