Leadership & Management

Executive Leadership and Management to drive Organisational Performance

Course Details

Price

£595.00

CPD Points

7.00

Length

2 full days (09:00 - 17:00)

Course Overview

This 2 day course is designed to support experienced leaders and managers perform their leadership role with confidence, clarity and credibility. Being in a senior leadership role can be challenging, and without the right foundations, we can quickly feel overwhelmed.

This structured, supportive course equips delegates with the essential leadership mindset and core management skills, they need to thrive and deliver results through others.

The course consists of eight highly practical modules, split across two core themes:

- Team Leadership
- Core Management principles

Each day is interactive and grounded in real-world experience, beginning with a discussion of current challenges and concluding with clear, actionable takeaways delegates can apply immediately in the workplace. This ensures learning is relevant, reflective and embedded week by week.

The leadership modules focus on helping delegates understand what leadership really means, develop self-awareness and emotional intelligence, communicate with impact, and build high-performing, psychologically safe teams. The management modules then provide the practical tools needed to manage performance, delegate effectively, handle difficult conversations and lead teams confidently through change and uncertainty.

Content

The course addresses the critical components of leadership and management:

Leadership principles

- Module 1: Introduction to leadership
- Module 2: Developing a leadership mindset
- Module 3: Communication essentials
- Module 4: Building and leading a team

Core management skills

- Module 5: Performance management
- Module 6: The art of delegation
- Module 7: Difficult conversations and conflict
- Module 8: Handling change

Benefits

The course will address the following:

What leadership really means

- The difference between leading and managing
- Leadership styles and when to use them
- Key challenges faced by leaders

- Making the shift from individual contributor to leader

Emotional intelligence and self-awareness

- Personal and team self-assessment
- Confidence, presence and personal leadership brand

Active listening and effective feedback

- Clear, confident and impactful communication
- Managing relationships up, down and across the organisation
- Presenting with confidence and credibility

Team dynamics and high-performance behaviours

- Setting team norms and standards
- Creating psychological safety
- Clear goals, roles and expectations
- Goal setting and purpose alignment
- Using SMART goals effectively

Managing underperformance with confidence

The art of delegation

- Why delegate
- Prioritisation and time management tools
- Avoiding micromanagement

Understanding the causes of conflict

- Structured approaches to difficult conversations
- Resolving disagreements and maintaining positive team relationships

Foundations of change management (including Kotter's 8-step process)

- Supporting teams through change

Managing resistance and engaging challenging stakeholders

Next Steps

If you would like to book a place on this course please click on the '**Book Course'** button to the right of this page and login or register for a user account to complete your booking(s). Any queries please do not hesitate to contact us via **admin@gta.gg** or call us on 01481 224570.

If no date is scheduled for this course at the present time please click on the **'Register Interest'** button and login or register for a user account so that we can add you to our course interest register. This register allows us to contact our tutors and finalise dates for a course as soon as we have a few people who have expressed their interest, so the more delegates who register their interest, the sooner we can schedule a particular course.

Course Tutor

David Joel

David Joel is a professionally qualified, Chartered Director. He is a qualified physicist with 20 years in the defence engineering and technology sectors and 10 years in the services and facilities management sector mostly at board level. David's experience covers public sector, private sector and regulated companies. He has undertaken many board effectiveness reviews and has worked with the Institute of Directors delivering the 'Finance for non-Financial Directors' programme and the 'Leadership' programme for the certificate in company direction and was a lead facilitator for the Diploma in Company Direction for the Institute of Directors.